



JESUS' SACRED HEART SCHOOL DX-1, SOUTH CITY, LUDHIANA GRADE –II

GENERAL INSTRUCTIONS

During the summer holidays, it's easy to get caught up in the thrill of decreased responsibility. These tips can aid you in having a productive, enjoyable and regret free summer vacation. Your Homework plan is for 25 days, 15 days are for enjoyment. **Parents assistance is required in certain tasks but let's try to make our kids independent as per their age level and let them explore and do themselves.**

- ❖ Give yourself a health time by waking up early and accompanying any of your family members for jogging or cycling.
- ❖ Do some research on your upcoming competitions so that when your school resumes, you can be grateful to yourself only that your skills have buffed up.
- ❖ Make your day log to analyse your utility of time.
- ❖ Develop any of your favourite hobby and make your holidays memorable.
- ❖ Spend time in helping out your mother in doing different household chores and giving her beautiful surprise to make her happy.
- ❖ Follow up any yoga or meditational programmes on Youtube
For eg. Yoga for kids on Youtube with guest instructor Mai Meret –
Namaste Yoga
- ❖ Meditational music is beneficial for children as it enhances learning, harmony and positivity. listen to the music by searching on youtube, use keyword, 'Pure relaxation for children'.
- ❖ Do not forget to carry holidays homework on the first day of school. No work will be accepted after 13th July, 2016 .
- ❖ Subject wise marks will be allotted for holidays homework.

NOTE: All the holidays homework to be done in a separate 3-in-1 notebook which is easily available in the market (except for the project work). 3-in-1 notebooks have the pages of all ----2 lines, 4 lines and square boxes.



READING TIME: let's have fun with books and prepare a story passport of any one story book. (Suggested books: Ladybird, Kindle Series, Fisher Price, Story Town, Scholastic, Mc Gran Hill, Disney, Star fall or any other)

How to proceed:

Take few coloured papers (A4 size), staple them and make a story passport as follows:

Pg 1: Cover Page: Personal Details (Name, Class, School Name, Mother's Name, Father's Name and Your Age)

Pg 2: Title of the book and details of the story (Main characters of the story with at least 2 describing words of each).

Pg 3: 10 new words learnt from the story and their meanings.

Pg 4: Give a different ending to your story.

Pg 5: the character I admire the most and why?



WRITING TIME:

Write one page of English cursive handwriting and one page of Hindi and Punjabi on alternate days in your 3-in-1 notebook for at least 20 days. For instance on Monday write in English and on Tuesday in Hindi/Punjabi and so on. Bring the notebook to school after your holidays.



3	x	6	=	18
3	x	3	=	9
3	x	5	=	15

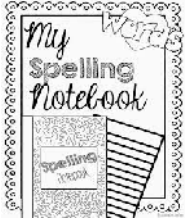
TABLE TIME:

❖ Make a table calendar showing tables from 2 to 8. Also learn them by heart.



MOVIE TIME:

❖ Watch any one movie -ICE AGE 1 /JUNGLEBOOK/ ZOOTOPIA/FROZEN/FINDING NEMO. And write the name of the hero of the movie and the value you learnt from the movie in 3-in-1 notebook.



SPELLING TIME:

- ❖ Learn at least 3-5 spellings from the given word list everyday and thereafter prepare a word wall of 10-15 most difficult words of each language or any other innovative style and bring to school. Come prepared for a 'SPELLING GENIUS CONTEST' in the class.

WORD LIST:

lonely	crutches	believe	imaginary	scared
fibres	prune	torso	furniture	medicines
shelter	giraffe	elephant	together	waved
enemies	survive	nodded	abdomen	tongue
decorating	hundred	whispered	twigs	breeze
number	hatch	addition	subtraction	straight
narrow	bushes	christmas	stretched	patted
curve	triangle	square	rectangle	belly
surprised	feathers	extinct	creepers	hibiscus
domestic	veterinarian	climbers	endangered	herbs
आलस	आसन	योग	सलामी	रेतीला
इसलिए	क्योंकि	लेकिन	नतीजा	गई
उतसाह	आयोजित	दोस्ती	पुस्तक	शिकारी
अभ्यास	तैयारी	रेल	अच्छा	मुसीबत
स्टेशन	चीख	योजना	दूजे	आराम
लालच	स्कूल	चाहिए	मोर	पंख
अदरक	सरम	धाक	झटपट	महिमान
आलस	अढसर	अमसान	बलिहार	दाहा
अभिआस	आष्टी	नारीअल	लिआष्टी	पिकनिक
कसमीर	डिडली	डडरी	वडादार	नाटक
किसान	विसवास			



PRACTICE TIME:

<http://www.aaamath.com/sub.htm>

Parents are requested to click on the link given up. Then click on '2nd grade' on right side. A page of classes with subjects will appear. Again click on 'Grade-2' and practice the following exercises on this page and prepare a report of each exercise in three in one notebook. Sample is given below:

Sample:

Name:

Class:

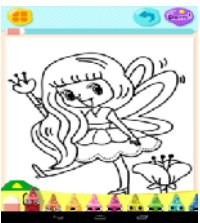
Name of the exercise:

No of questions attempted:

No of correct answers:

No of incorrect answers:

- Exercises:**
1. Even and odd numbers
 2. Place value of three digit numbers
 3. Place value in words and numbers
 4. Addition facts and subtraction facts
 5. Adding three numbers
 6. Basic subtraction



PROJECT TIME:

- ❖ Make a collage on A4 sheet using pictures of different types of food e.g vegetables, protein, fruits, grains, dairy. Choose any two food items from each category and write at least 2 benefits of each on A4 sheets. Parents are requested to just help the child to find out basic information. Let him/her write on his/her own.

Suggested link is:

<https://articles.extension.org/pages/64605/what-are-the-different-types-of-food>

ENHANCE YOUR KNOWLEDGE:

- ❖ Prepare a list of names of currencies of at least 10 different countries. Try to draw/paste pictures of these currencies (optional).

Life skill Activity

Topic: Shopping and Dinning

RESTAURANT ETIQUETTE

Most people love to go out at restaurants. List some restaurant that you enjoy going to in your life skills notebook.

When we eat at restaurant we need to act appropriately. Here are some tips we need to follow.

- ❖ Greet with a Smile.
- ❖ Listen politely to the server when they are telling you menu and taking order.
- ❖ Order clearly and accurately, so the server will know what you want.
- ❖ Whenever you place an order use the sentences.
- ❖ May I have _____
- ❖ Can I get _____
- ❖ I would like to have _____
- ❖ Never forget to say THANK YOU and PLEASE.
- ❖ Keep your napkin in your lap.
- ❖ Use your napkin, do not wipe your mouth from your sleeves and hand.
- ❖ Use the utensils when needed.
- ❖ Chew with your mouth closed, and speak after you have swallowed.
- ❖ Do not drink with mouth full of food.
- ❖ Eat small bites.
- ❖ Do not rush, eat in a relaxed way.

HEALTHY GROCERY SHOPPING LIST

Prepare your own healthy grocery shopping list for your holiday meal by adding various vegetables, Grain, Fruits, oil, Milk Product and Meat and Beans. paste this list in your Life Skills Notebooks.

VEGETABLES (Add plenty of vegetables for your holiday meal)	FRUITS (Let fruits jazz up your fest!)	MILK PRODUCTS (Choose fat free or low fat)
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
GRAINS (whole grain)	OILS (Name different oils which we take from vegetables, nuts and Fish)	MEAT AND BEANS
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

DREAM OF BETTER INDIA

To 'Save Electricity' is the need of an hour. As a good citizen of India visit atleast 5 houses in your neighbourhood and observe how they are wasting the electricity in their homes. Distribute the pamphlets (sample given below) suggesting various methods/ways to save electricity. Conduct a signature campaign. The child visiting maximum number of homes will be the "champion of the class." The format of the signature campaign is:

SIGNATURE CAMPAIGN

SLOGAN:

Name of the person	Address	Phone Number	Signature
1.			
2.			

Presented By:

Name of the child _____

Class & Section _____

Roll No _____

SAMPLE OF PAMPHLET:

JESUS' SACRED HEART SCHOOL

DX-1, SOUTH CITY, LUDHIANA

PH. NO.-9216100465, 9216000465

www.jesussacredheart.com,

<https://www.facebook.com/jesussacredheartschool>



Energy Saving Reminder

If you are the last to leave the room, please turn off the lights!



TIPS TO SAVE ELECTRICITY:

- TURN OFF T.V. WHEN NOT IN USE
- UNPLUG APPLIANCES AND CHARGERS IF YOU ARE NOT USING THEM
- USE CFL BULBS
- REPLACE OUTSIDE LIGHTS WITH SENSOR LIGHTS, WHICH SWITCH OFF AUTOMATICALLY
- REFRIGERATORS AND FREEZERS OPERATE MORE EFFICIENTLY WHEN SET AT 37F AND 0 TO 5F RESPECTIVELY

GIVEN BY:

NAME-

CLASS & SECTION-

ROLL NO-